ÉBAN

ONE-PAGER
NOVEMBER 2026

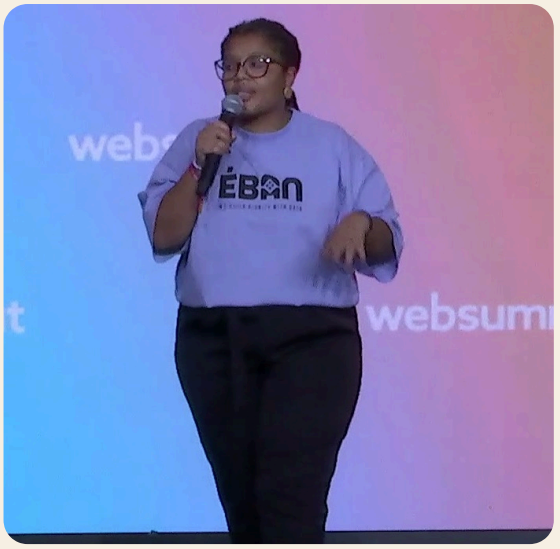
A CAREFUL SPACE TO SUPPORT PEOPLE

Pick up every client without losing the thread.

ÉBAN is an app for people who support others over time: context, session notes and next steps, in one place.

AT A GLANCE

Founder	Ana Fernandes · Lisbon
For whom	Psychologists, therapists, coaches, mentors, nutritionists, trainers
Stage	Validation · working MVP in a pilot
Web Summit	2025 · ALPHA · Startup Showcase · Impact
Programme	Afropreneurs 2025 · Djassi Africa



Ana Fernandes pitching ÉBAN at Web Summit 2025 (ALPHA · Startup Showcase) · Image: Web Summit

The problem

Today, each client's context lives in notebooks, documents, phones and memory. There are simply too many places. Sessions start by searching instead of listening.

1 in 4 psychologists in Portugal report symptoms of burnout (Ordem dos Psicólogos Portugueses, 2021, n=1,759). Picking up the thread should not add to that load.

Where we are now

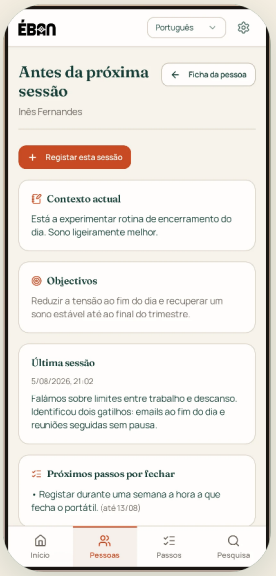
A working MVP in a **6-week pilot** with up to 10 professionals (from 24 Oct 2026). We are not selling yet: we are learning.

The pilot question: when a professional comes back to ÉBAN, can they pick up where they left off, and do they find enough value to keep using it?

Next: a version for social organisations (2027), built on what the pilot teaches us.

How it works: a simple cycle

1. **Context**
   Who the person is and what matters to them.
2. **Session note**
   What happened, in the professional's own words.
3. **Next steps**
   What the two of them agreed.
4. **Preparation**
   Before the next meeting, everything on one screen.



Step 4 · fictional content

Only the professional sees it
Each professional sees only their own records. Clients are identified by codes, not names.

Data in the EU
Stored in the European Union, with a GDPR data processing agreement for every professional.

Trust first
No artificial intelligence on people's notes. Data is never sold.

The founder

Ana Fernandes: 20 years in community development and non-formal education in Lisbon. Master's in Social Economy Management; creator of BI4Impact. In 2025, the first woman to receive the Djassi Award.

> **"I didn't come to technology looking for a cause: I brought the cause with me."**

The name

From an Adinkra symbol of the Akan people (Ghana) meaning "fence": protection and safety. Protect before you collect.

Scan to try it:
app.ebansocial.pt/ws
60-second quiz

ÉBAN

CONTACT
Ana Fernandes · eban.contactos@gmail.com

MORE
ebansocial.pt · app.ebansocial.pt/ws